



STURT BOWLING CLUB

Women's Come 'n Try Is Here Again

- Our Winter Come 'n Tries have successfully introduced many women to Bowls @ SBC
- Bowls is a low impact sport, competitive or social, some basic skills get you going.
- Experienced Coaches and Players will be on hand for one on one support.

Thursday August 20th and 27th @ SBC

- Arrive from 12.00 (Say Hello, Meet People, Get 'sized up' with bowls etc)
- Session from 12.30 – 2.00 will include indoor and outdoor activity.
- If the weather is unsuitable, we will hold these Fridays 3.00 – 4.30.
- (Flat soled shoes please)
- No Cost.
- This invitation *continues* through our Spring Training Sept. 3, 10, 17, 24 (same times), with Friday as the backup day.

Like to know more? Please contact:

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